377 rue Bank st. Ottawa K2P 1Y3 (613) 236-7238 (613) 563-7861 (fax)

CUPW STRIKE HEADS TO NEWFOUNDLAND AND LABRADOR

400 Postal Workers Join Picket Lines

For Immediate Release

Friday, November 2, 2018

Ottawa – Members of Canadian Union of Postal Workers (CUPW) from the St-John's local in Newfoundland and Labrador walked off the job at 8.00 am NT this morning as part of CUPWs second week of rotating strikes.

"We have a health and safety crisis at Canada Post. We've seen injury rates skyrocket. This has got to be fixed," says Mike Palecek, CUPW National President. "Management refuses to address the urgent health and safety issues that have left postal workers the most injured group of workers in the federal sector."

CUPW has also called on a national overtime ban for both of its major bargaining units at Canada Post. Postal workers, no matter what their job at Canada Post, will not work more than an eighthour day and not more than a 40-hour week. "Overburdening, overtime and overwork are all major issues in this round of bargaining. Until Canada Post negotiators' address it, we can solve it for ourselves in the meantime." said CUPW National President Mike Palecek.

The 400 Postal workers from St-John's local joined their 800 fellow workers from Kitchener-Waterloo (ON) who went on strike earlier today.

CUPW members are still without agreements for the Urban Postal Operations and Rural and Suburban Mail Carriers (RSMC) bargaining unit after almost a year of negotiations.

-30-

For more information, please contact:

- **EN** Farouk Karim or Kevin Matthews, CUPW Communications, at 613-882-2742 or at media@cupw-sttp.org
- FR Lise-Lyne Gélineau, President, CUPW Montreal local, at 514-914-0350 or at lise-lyne.gelineau@sttpmtl.com